

RYLA 9920 Gear List

Outdoor - Mandatory Items

The following items and quantities are mandatory and will be checked prior to RYLA, and on the morning of arrival at Willow Park.

Mandatory checked:

- 65L capacity Rucksack/pack (minimum). Must be for hiking - "Backpacking" style pack **not** recommended
- Sleeping Bag. "Comfort level" minimum 2 - 0 degrees. Note: a sleeping bag liner will add 2-5 degrees of comfort
- Plastic pack liner x 2
- Waterproof Jacket - High rated for moderate to severe rainfall (10,000mm). **Not** ski style/bulky jacket. Must have sealed seams and hood
- Top Layer x 1 - Thick polar fleece jumper or jacket
- Midlayer x 2 - Thinner polar fleece, quick wicking sports tops, polar fleece vests, merino
- Thermals, tops x 2
- Thermals, long pants x 2
- Tramping boots, lace up high ankle, well broken in and comfortable. Not trail shoes or running shoes
- Sleeping mat - closed cell. Inflatable mat **not** recommended due to risk of puncture.
- Beanie (min 50% wool blend or polar fleece only) - **Not** acrylic
- Outdoor gloves (any thickness)
- Thermal socks x 3 pairs - Wool or wool blend
- Head torch with spare batteries - **Not** a rechargeable head torch
- Drink bottles 2x 1.5 L

Mandatory not checked:

- Plastic plate bowl and mug
- Fork, knife spoon
- Personal first aid kit
- Tea Towel
- Small pot or billy with lid
- 1x dry wick sports shorts/t-shirt to wear over thermals (Casual)
- Pocket knife (optional)

Note: all the above items (excluding boots and mat) must fit in your pack with some space to spare.

General Items

Recommended:

- Notebook and pen (mandatory)
- Pillow for Willow Park
- Single sheet fitted
- 2 x Towels
- Personal toiletries (soap, toothbrush, shampoo, conditioner)
- Medication
- Sports clothing for daily exercise (including sports shoes)
- Smaller water bottle for day to day use
- Casual comfortable clothing for six days at Willow Park (jeans/track pants/jumpers etc OK)
- Casual/comfortable shoes for day to day wear at Willow Park
- Formal wear for a dinner
- Ear plugs/eye mask for dorm sleeping

Optional:

- Wrist watch with alarm (not a smart watch)
- Digital camera
- Hot water bottle
- Musical instrument
- Book

DO NOT BRING:

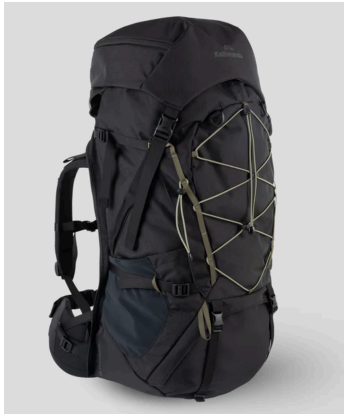
- Cell phones (there will be the opportunity to hand these in at registration)
- Laptops/smart watches/tablets
- Other valuable items
- Alcohol/drugs

Note: Your "General Items" can be packed in a suitcase or a duffle bag, they should be separate from your mandatory items.

Please note there are no laundry facilities available for awardees.

Outdoor - Mandatory Item Examples

65L Backpack:



Sleeping bag:



Rain Jacket:



Tramping boots:



Top Layer:



Mid Layer:

